

2010 Retreat Schedule

June 4-7, 2010
COP Wives
Trego, WI

June 21-25, 2010
Pastors / Educators
Snowmass, CO
(registration: \$360)

July 26-30, 2010
Pastors / Educators
Trego, WI
(registration: \$225 if Thrivent member)

September 1-5, 2010
Single Clergy / Educators
Snowmass, CO
(registration: \$360)

To register, visit our website:
www.graceplaceretreats.org

or call:
(314) 842-3077

What Should You Expect?

- ❖ You will join others in a five-day, four-night retreat
- ❖ There will be devotional, educational, fellowship, and recreational activities
- ❖ The retreat is led by a professional team that specializes in personal growth through physical and spiritual disciplines
- ❖ Group activities for you to choose from depending on each location

To Register or for more information:

Grace Place Lutheran Retreats
Annette Woehlke
314-842-3077
awoehlke@graceplaceretreats.org

Online Registration at:

www.graceplaceretreats.org

Nebraska District Contact Information:

Rev. Mark Rockenbach
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1-888-643-2961



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www.graceplaceretreats.org

What Is Grace Place Retreat Ministries?

Grace Place Lutheran retreats provide a “pause-point” for Lutheran pastors, teachers, Ministers of Music and other professional church workers and their spouses through education, restoration and rejuvenation. During the five-day, four-night retreat they learn new ways to be healthy, and enjoy rest and fellowship. The couple will walk away from the week renewed in body, mind, and spirit and with great joy.

Grace Place was founded in 1999 by John D. Eckrich, M.D., a life-long Lutheran from a family of Lutheran health care professionals. He has personally witnessed the stresses and strains experienced by those in ministry. For more than 30 years he has treated hundreds of pastors and their families, seminarians, and other professional church workers in the St. Louis area. *“Our church workers cannot maximize their ability to give of themselves unless they are in sound physical, spiritual, emotional, and fiscal health,”* states Eckrich.

These wellness retreats, developed by Lutheran pastoral care professionals, immerse workers in God’s Word, and surround them with caring colleagues, to sustain church worker joy and service through an intentional time of reflection, re-tooling and rejuvenation, followed by a continuing education program post-retreat.

The Goals of Grace Place for Professional Church Workers

- Enrich church workers’ wellness skills and attitudes to integrate physical, fiscal, emotional and spiritual health into vocation and leisure; and develop habits for life-long learning via Grace Place continuing education internet sites.
- Encourage shepherding for personal health with family members and fellow workers, as well as church health-partner agencies.
- Invite and assist retreatants to engage their home congregations in health and caring ministry programs, and to make connections to denominational human care agencies for their own families and congregations for direct care as needed.
- Educate and assist congregations to recognize the mutual need and critical importance of caring for the whole health of church workers, leaders, and congregants as living members of the body of Christ & for the Gospel mission.

The Price?

The cost for each church worker couple for all room, board, program and materials is \$360. The registrant pays this amount or it may be gifted by their congregation out of love for their service. It costs Grace Place \$2000 per couple, the difference being made up through individual or foundational underwriting.

What Church Workers are Saying About Grace Place Retreats

“I have honestly asked myself, if what we both feel occurred at the Grace Place Retreat was real or was it one of those momentary “feel-good” experiences. I can say without reservation, Grace Place retreat was life-changing for us. We were always a joyful couple but somehow that joy had become overshadowed by the intensity of congregational and school ministry. That joy has been reclaimed as a result of Grace Place Retreats.”

Rev. David & Gloria Zimmerman

“The retreat is a powerful and life-changing experience. I wish I would have had a Grace Place experience 20 years ago. It definitely would have changed the way I structured my family time and ministry time...The whole concept of healing is discussed in an appropriate Biblical context. It is definitely preventative. For parishioners to give their pastor a Grace Place Retreat would be wonderful.”

Rev. Dr. David & Joanne Smith

“Thank you so much for an absolutely wonderful Grace Place retreat. It was a valuable, enriching, and enjoyable experience for us.”

Phillip & Deb Barnett, Minister of Music